

ALBERTA CONCUSSION AWARENESS DAY

SEPTEMBER 24, 2025

*Share Your
Concussion Experience!*

How to participate...

- *Reflect on Your Concussion Experience.*
- *Share Your Story and tag us!*
- *Spread the Word!*

#ConcussionAB #ABConcussionDay #ShareYourStory

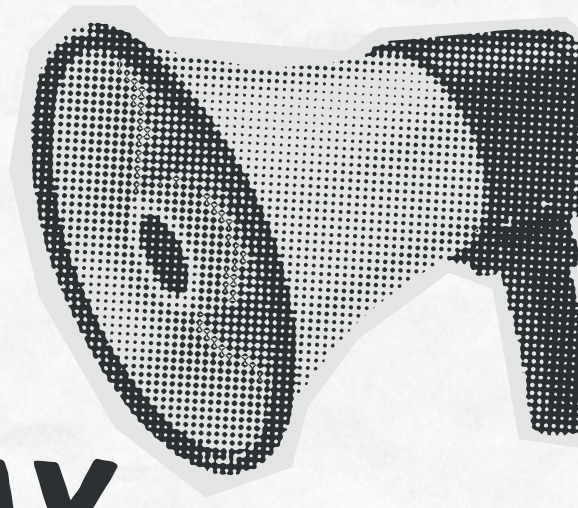
@SportMedAB @ABConAlli @StopInjury @SIPRC

For more information visit sportmedab.ca/aca



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*Learn how to recognize and respond.
Concussions can happen to anyone!*

Did you know?

A person does not need to lose consciousness to have experienced a concussion. In fact, less than ten percent of concussions result in the loss of consciousness.

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